



WYCHWOOD

SCHOOL • OXFORD

World of Football



World of Football Summer Programme

Dates: 22nd – 26th July 2024

Age: 11- 16 years

Gender: Open to all

Football Experience: Beginner or Experienced

Package fee: £300

Package includes:

- Football programme.
- Lunch and snacks.

What you can expect:

- **Expert coaching** to improve your skills on the pitch.
- **Make friendships** with students from all over the world, creating memories that will last a lifetime.
- **Experience the warmth and hospitality** of our welcoming team, ensuring you feel right at home.



Programme Overview

This summer, **connect with the world** through the universal language of football.

Join us this summer and **play football with students from all over the world**. This programme is for players of all abilities ages 11-16. Whether you are interested in playing football for the first time or looking to improve your skills our **qualified football coaches** offer the opportunity to learn from the best.

This programme will include **professional instruction, drills, fun games, activities,** and **team building sessions**. The week will finish with a **football tournament** where you will play with local players and teams. An **award ceremony** and **team celebration** will conclude the week.

Play **football** and **build friendships that cross borders**. You will discover the 'beautiful game' as you learn new styles, celebrate diverse football culture, and expand your horizons together.

- Qualified football coaches will support you to improve your skills on the pitch.
- More than just football: fun activities, cultural exchange and adventures that create lifelong bonds and memories.
- Don't just play football, experience it globally!
- Make friends for life: Share your passion with players from different backgrounds and cultures.
- Discover different cultures: immerse yourself in new cultures and create unforgettable memories.
- Have an epic adventure: Football, fun and friendship!

About the programme:

- Professional coaching from qualified coaches
- Improve your passing, kicking, tackling and game awareness
- Focus on core football skills like passing, scoring and teamwork
- Speed, strength and conditioning sessions
- Fun activities to develop teamwork
- Tournament day and celebration: put your skills to the test .

Sample Timetable

	Monday Introduction to Football	Tuesday Speed and Conditioning	Wednesday Skills and Game Strategy	Thursday Strength and Conditioning	Friday Tournament Day and Celebration
10:00am - 12:00am	Registration and Welcome Introduction to Football Basics Basics Passing and Dribbling Drills	Dynamic Warm-Up and Stretching Speed Training Sessions Shooting Drills	Passing and Dribbling Advanced Drills Set Piece Strategy Games Strategy Football Rules	Skills Challenge Strength Training Circuit	Passing and Dribbling Advanced Drills Set Piece Practice Team Building Activities
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00pm- 4:00pm	Speed and Agility Drills Small-Sided Fun Games	Strength and Conditioning Circuit Team Building Activities	Small-Sided Games	Small-Sided Games	7 Aside Tournament 2.30-6.30pm Awards Ceremony and Team Reflection Closing Remarks and Team Bonding

Wanting to do more?

Like all our programmes, our **World of Football** programme can be combined with other programmes to make a 2, 3 or 4 week programme.

If you are interested in developing your skills in science, we would recommend combining with the **Introduction to Practical Science** programme or the **STEAM: 'Cracking the code'** programme.

It is also possible to combine with our **Rowing** programme if something more sporting takes your fancy.

If the stage is more your thing, why not take a look at our **Musical Theatre** programme?

Please see our Programmes page for more information.





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